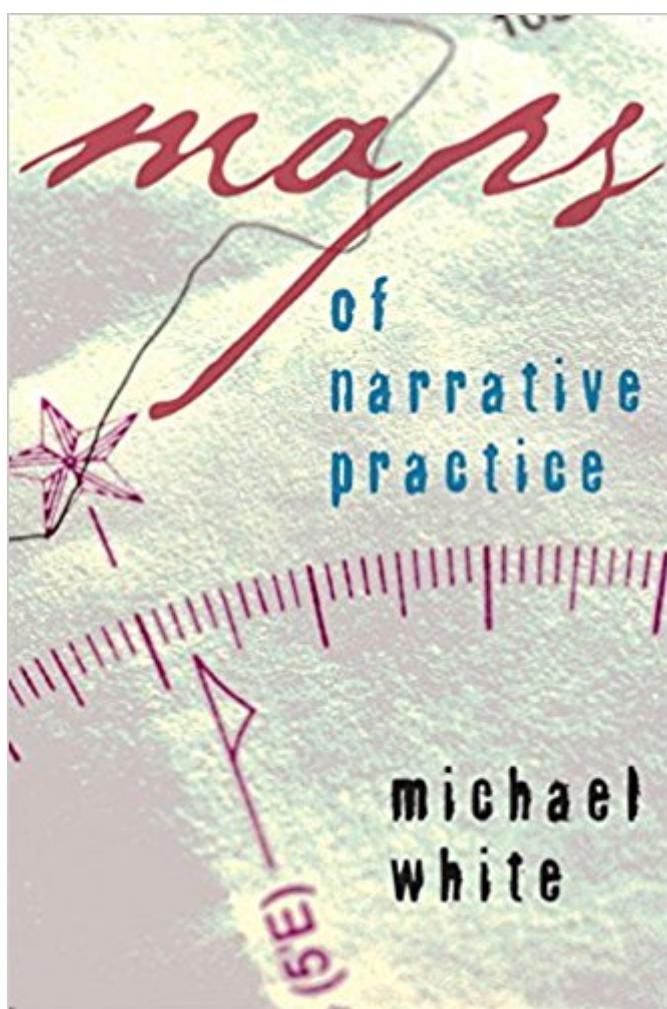


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Maps Of Narrative Practice (Norton Professional Books (Hardcover))



Synopsis

Michael White, one of the founders of narrative therapy, is back with his first major publication since the seminal *Narrative Means to Therapeutic Ends*, which Norton published in 1990. *Maps of Narrative Practice* provides brand new practical and accessible accounts of the major areas of narrative practice that White has developed and taught over the years, so that readers may feel confident when utilizing this approach in their practices. The book covers each of the five main areas of narrative practice-re-authoring conversations, remembering conversations, scaffolding conversations, definitional ceremony, externalizing conversations, and rite of passage maps-to provide readers with an explanation of the practical implications, for therapeutic growth, of these conversations. The book is filled with transcripts and commentary, skills training exercises for the reader, and charts that outline the conversations in diagrammatic form. Readers both well-versed in narrative therapy as well as those new to its concepts, will find this fresh statement of purpose and practice essential to their clinical work.

Book Information

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Customer Reviews

This book represents a remarkable leap forward in narrative literature and in the canon of work on therapy in general. (Journal of Marital and Family Therapy , James Hibel) REVIEW: The long-awaited sequel to the influential work *Narrative Means to Therapeutic Ends*....A powerfully engaging mixture of personal and professional narrative. (Therapy Today, Kate Thompson)

REVIEW: White's brand of narrative therapy has broad appeal and great impact on the therapeutic community...I highly recommend. (PsycCRITIQUES, American Psychological Association, Paul T. P. Wong)The long-awaited sequel to the influential work Narrative Means to Therapeutic Ends....A powerfully engaging mixture of personal and professional narrative.

The long-awaited sequel to the influential work Narrative Means to Therapeutic Ends....A powerfully engaging mixture of personal and professional narrative.

I was (and still am) very interested in learning more about narrative therapy--as the tidbits I know of seem like great additions to treatment. I bought this book because of all of great reviews here on (especially the reviews saying this was a great book for beginners), I'm giving this 3 stars because this book is extremely hard to understand. I would not recommend this to beginners. I'm not sure what other narrative books (if any) offer a great beginner's guide..but this was definitely not that kind of book.I am not sure why White writes in such a confusing manner but the next attempt I make to learn more about Narrative therapy will not include any writings by White. Yes, he was a brilliant guy but even the brightest people have great difficulty communicating to others who are not at their level.

I remember reading about narrative therapy in my beginning counseling textbooks and thinking, "I would never use this, it doesn't seem helpful or communicable." That mindset changed when I sat in with another counselor who used it almost exclusively. I was amazed. Not only was he able to use it across multiple ages and clinical diagnoses, but people (including myself, the observer) left the office feeling like a new person. I asked how he first got involved with narrative therapy, and he pointed me in the direction of this book by the late Michael White. I want to read this book twice before I give any critical analysis to the content, but I will say that everything you need to know about narrative practice is in this book. That said, it is a lot to digest. I think I struggle most with this book because of the author's Australian heritage. It's not that his writing lacks potency or salience, it's just culturally different from what I'm used to here in the States. Nevertheless, I encourage anyone interested in expanding their therapy toolbox to read and reread this book. You will find that many of the central aspects of therapy (what makes it work e.g., the relationship) are still the trunk upon which the branches of narratives extend. What made this book significant for me was the way I saw these central dynamics of therapy from a new perspective.

As a licensed clinical social worker (therapist), this book is a wonderful training tool on a great therapeutic technique that any therapist should bring into their practice. Easy to read, understand, great examples and very practical and immediately applicable in practice. Good job, Mr. White!

This book is a clear explanation of most of the basic concepts and practices usually described as "narrative therapy". Michael White's compassion and "outside the box" thinking are evident on every page. I am sorry I never had the privilege to meet him or work with him -- his death 2 years ago was a big loss for everyone who seeks to improve the lives of people everywhere. But his ideas and practices live on in his books and in the work of those inspired by him. If you know nothing about narrative therapy or just want a refresher, this is a great book.

Great for figuring out questions to ask clients.

Michael White, the author of *Maps of Narrative Practice*, died unexpectedly in April of this year at the young age of 59. The loss for the psychological community is huge. This is a man who is the father of narrative therapy, a profoundly powerful and effective for therapists to assist clients with their problems. It is indeed very sad this will be Michael White's last book. In this book, White explains how the stories of our lives can be mapped in such a way that our strengths and often forgotten or barely developed positive experiences can be brought forth and alter how we view ourselves and our capabilities. It is a fascinating book, and would be interesting for both the practitioner and layperson interested in human growth and potential.

This book has changed my life!!Great methods! Simple and easy to follow.

Great contribution to Family Therapy.

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